



Ministry of Health and Social Services  
Republic of Namibia

NAMIBIA COVID-19 SITUATION REPORT NO. 86			
Outbreak Name	<i>COVID-19 outbreak</i>	Country affected	Namibia
Date & Time of this report	<i>12.06.2020 21:35 hrs</i>	Investigation start date	13 March 2020
Prepared by	<i>Surveillance Team</i>		

1. **SITUATION UPDATE / HIGHLIGHTS**

- One new confirmed case was recorded today (12 June 2020)
- Cumulatively, **32** confirmed cases have been reported in the country.
- Of the **32** confirmed cases, seventeen **17 (53.1%)** have recovered.
- Twenty-seven **27 (84.4%)** of the confirmed cases are imported while **5 (15.6%)** are local transmissions.
- No death has been recorded, case fatality rate is **0%**
- On 08 June 2020, His Excellency, The President of the Republic of Namibia announced the extension of the Stage 1 restrictions imposed on the Walvis Bay Local Authority Area to the entire Erongo region;
  - Effective from midnight 08 June 2020 until mignight 22 June 2020.
- The other regions are still under Stage 3 of national lockdown which covers a period of 28 days (01 June 2020 – 29 June 2020).

## 2. BACKGROUND

### Description of the cases

- **Index cases:** Two confirmed cases of COVID-19 were reported in Windhoek district on 13 March 2020. The married couple; a 35-year-old male and a 25-year-old female, arrived from Madrid, Spain on 11 March 2020.
- On 12 June 2020, Namibia recorded a new COVID-19 case bringing the total number of confirmed cases to 32.
  - The case is a 31 years old female Namibian from Walvis Bay, Erongo region.
  - She has no history of travelling out of the country and no established contact to a confirmed case. She presented at the health facility on the 11 June 2020, with symptoms of loss of smell and cough which started on 03 June 2020.

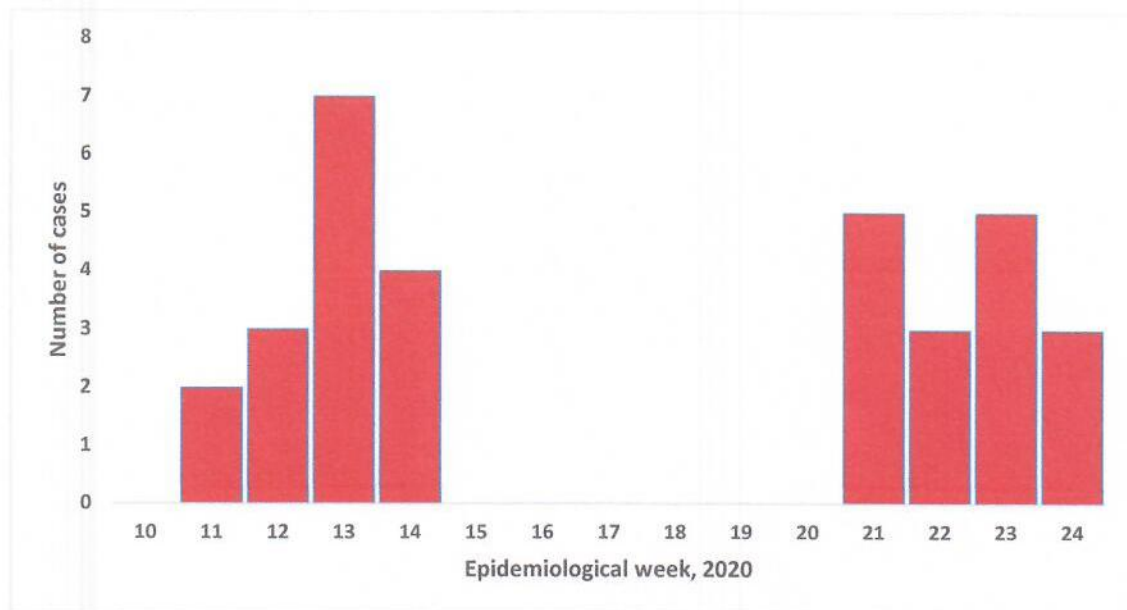
## 3. EPIDEMIOLOGY

Since 14 March, 2020 when the COVID-19 outbreak was declared in Namibia, a total of **32** cases have been confirmed. So far, four (4) regions have been affected, of which Khomas region recorded the highest number of cases; **16 (50%)**, while Hardap region recorded the least; **2 (6.3%)**, as per figure 1, below



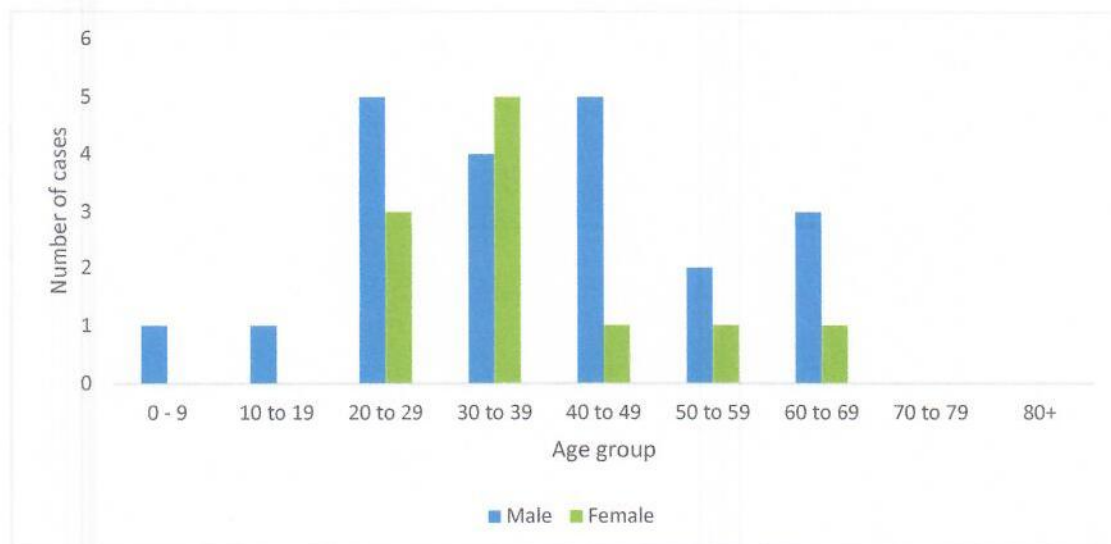
*Figure 1 Distribution of Confirmed COVID-19 cases in Namibia, by region as of 12 June 2020*

As presented in figure 2 below, Namibia recorded its cases of COVID-19 during epidemiological weeks 11, 12, 13, 14, 21, 22, 23 and 24 and most cases (7) were recorded during epidemiological week 13.

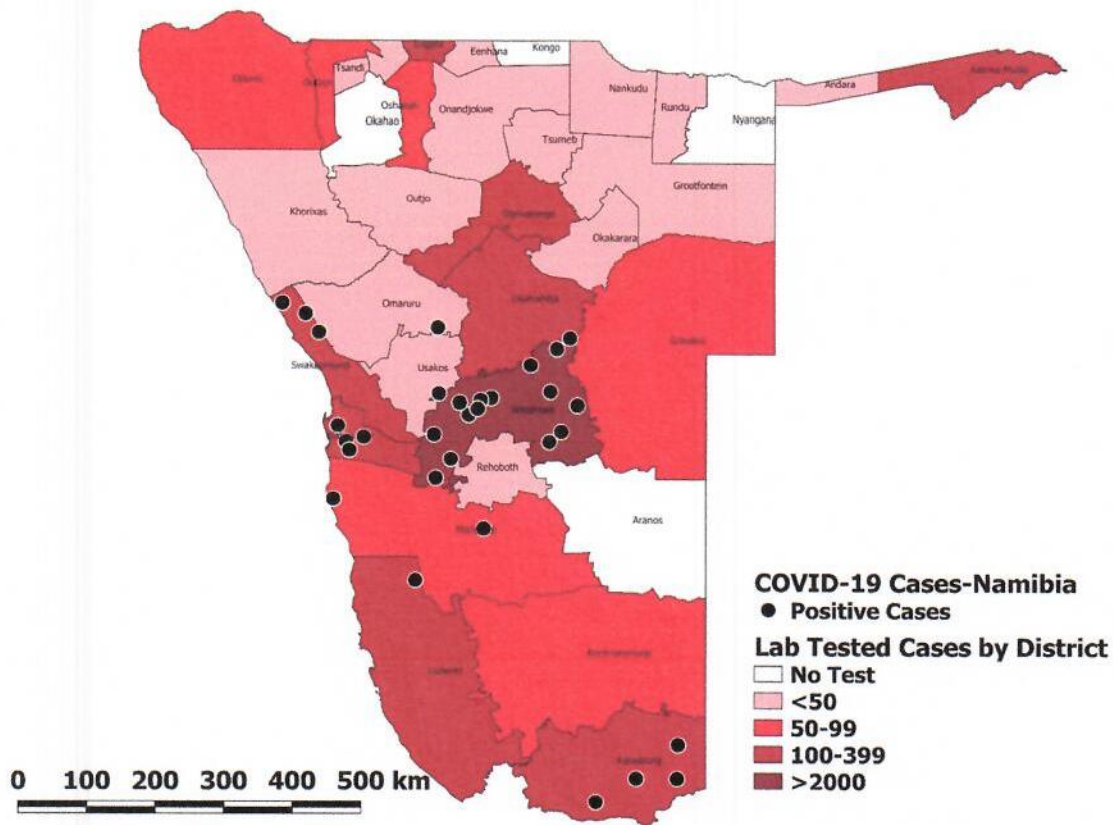


*Figure 2: Epi-curve for confirmed COVID-19 cases in Namibia as of 12 June 2020*

Of the 32 confirmed cases, more males; **21 (65.6%)** are infected compared to their female counterparts; **11 (34.4%)**.



*Figure 3: Age and sex distribution of COVID-19 confirmed cases in Namibia as of 12 June 2020*



*Figure 4: Distribution of suspected and confirmed COVID-19 cases in Namibia by District, 12 June 2020*

#### 4. PUBLIC HEALTH ACTION / RESPONSE INTERVENTIONS AND SURVEILLANCE

- **Case definitions as of 20 March 2020:**

**Suspected case:**

**A.** A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath), AND a history of travel to or residence in a location reporting community transmission of COVID-19 disease during the 14 days prior to symptom onset; OR

**B.** A patient with any acute respiratory illness AND having been in contact with a confirmed or probable COVID-19 case in the last 14 days prior to symptom onset; OR

C. A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath; AND requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

**Probable case:** A suspect case for whom testing for COVID-19 is inconclusive. Inconclusive being the result of the test reported by the laboratory

**Confirmed case:** A person with laboratory confirmation of COVID-19 infection, irrespective of clinical signs and symptoms

- **Active surveillance working case definition as of 20 April 2020**

A patient diagnosed with Upper/Lower Respiratory Infection (Mild or Severe) presenting any of the following signs and symptoms: cough, sore throat, fever, chills, myalgia/body pains or shortness of breath in the past 7 days.

- **Surveillance activities**

- Call centre continue operations for 24 hours every day; **537** calls were answered at the hotline today (12.06.2020) and **16** alerts were investigated.
- Namibia COVID-19 dashboard accessible via a link on the MoHSS's website <http://www.mhss.gov.na/> or at <https://cutt.ly/Covid-19-situation-Namibia>
- Active case search in all regions is on going.
- Contact tracing and monitoring is ongoing (**see Table 1**).
- Mandatory supervised quarantine of all persons arriving from abroad is ongoing (**see Table 2**).
  - All people are tested upon entry into mandatory quarantine for rapid detection of positive cases.
  - All people in quarantine are monitored daily for 14 days and are being tested twice ( upon arrival and on day 12 before release on day 15 if they test negative.

### **Contact tracing Summary**

As of 12 June 2020, a total of **525** contacts have been identified. Four hundred and forty-two (**442**) contacts have completed their 14 days of follow up and **69** are still active and being monitored daily for 14 days (**Table 1**).

*Table 1: National contacts tracing summary for COVID-19 as of 12 June 2020*

Variables	High	Medium	Low	Total
Total Number of contacts listed for follow up (potential)	176	97	268	541
Total Number of contacts identified (cumulative)	176	97	252	525
Total number of Contacts never reached	0	0	16	16
Total Number of contacts lost to follow up	0	2	5	7
Total Number of contacts that developed signs & symptoms	25	9	9	43
Total Number of contacts that tested positive (became cases)	4	1	0	5
Number of active contacts monitored/followed in the last 24hrs	27	9	33	69
Total number of Contacts completed 14-days follow up	145	87	210	442

As of 12 June 2020, a total of **2786** persons who came into the country have been placed into supervised quarantine facilities around the country. Of the 2786, **2073** have been discharged and **713** are currently quarantined (**Table 2**).

*Table 2: Number of people in mandatory quarantine facilities as of 12 June 2020*

Region	Newly quarantined 24 hours	Cumulative number of people	Number people discharged	Number of people in quarantine now
Kunene	0	53	53	0
Omaheke	0	92	57	35
Kavango	0	65	50	15
Omusati	0	102	85	17
Oshana	3	26	18	8
Ohangwena	0	190	147	43
Hardap	1	147	136	11
Otjozondjupa	0	328	299	29
Khomas	6	892	498	394
Zambezi	3	352	293	59
//Karas	4	355	299	56
Erongo	0	142	114	28
Oshikoto	0	42	24	18
<b>Total</b>	<b>17</b>	<b>2786</b>	<b>2073</b>	<b>713</b>

## LABORATORY INVESTIGATIONS

- As of 12 June 2020, a total of **5681** (including **457 re-tested**) COVID-19 specimens have been tested in the two laboratories (NIP and Path Care) as per **Table 3** below:

*Table 3: COVID-19 specimens recorded at NIP and Path care Laboratories as of 12 June 2020*

Variables	Laboratory			Total
	NIP	Path care	South Africa	
Total sample received by the Laboratory	4609	1159	-	5768
<b>Total sample tested</b>	<b>4100</b>	<b>1124</b>	-	<b>5224</b>
Total sample re-tested	430	27	-	457
<b>Total results positive</b>	<b>24</b>	<b>7</b>	<b>1</b>	<b>32</b>
Total results negative	4076	1117	-	5193
Total sample discarded	68	8	-	76
Total results pending	11	0	-	11
Total results inconclusive/indeterminate	0	0	-	0
Total new suspected cases in last 24 hours	107	0	-	107

### COUNTRY COORDINATION, PLANNING AND MONITORING

- A delegation has been sent to Erongo region to give technical support for two weeks from 11 - 25 June 2020.
- Another delegation will be sent to Omaheke Region on 15 June 2020 to give 2 days technical support.
- A team to travel to and provide technical support to Karas region did not go as it was initially planned (11-25 June 2020), new date yet to be determined.
- UN Namibia donated assorted flow charts and posters on surveillance covering contact tracing structure, contact identification and categorization, case definition, laboratory results sharing structures.

### CASE MANAGEMENT:

- Out of the 32 cumulative confirmed cases, 17 have recovered after testing negative twice for COVID-19 at 48 hours' interval.
- Of the 15 active cases, 1 is still in ICU but in a stable and improving condition. The other 14 are clinically stable.

### INFECTION PREVENTION AND CONTROL:

- IPC activities are on going:
  - Distribution of PPE according to the Regional plans
  - Monitoring of IPC in health facilities

- Three additional members have been seconded from CDC and Quality Assurance to support the national IPC team.
- Continuous monitoring of national IPC stock levels
  - Full PPE – 2349
  - Respirators - 6087
  - Medical masks – 1309

## LOGISTICS.

- Received a donation of 35 laptops (each with a bag and a mouse), and 37 tablets from Old Mutual Namibia for surveillance pillar.
  - The electronic devices were issued to the surveillance team.
- Facilitation of the allocation of quarantine facilities around the country and transportation of discharged people from quarantine facilities is ongoing.

## POINTS OF ENTRY:

- Ongoing screening and inspection of incoming travellers and trucks at points of entry and check points.

*Table 4. Distribution of truck drivers who came into Namibia from neighboring countries and their destination regions on 12 June 2020*

Destination	Country of departure							Total
	RSA	Zambia	Botswana & RSA	Botswana	DRC	Angola	Zimbabwe	
Karas	41	0	0	0	0	0	0	41
Khomas	76	0	0	7	0	1	0	84
Oshana	3	0	0	0	0	0	0	3
Otjozondjupa	5	0	0	0	0	1	0	6
Kavango	4	0	0	0	0	0	0	4
Ohangwena	5	0	0	0	0	1	0	6
Hardap	5	0	0	0	0	0	0	5
Kunene	0	2	0	0	0	0	0	2
Omaheke	3	0	0	0	0	0	0	3
Omusati	0	0	0	0	0	0	0	0
Oshikoto	1	0	0	0	0	1	0	2
Zambezi	0	0	0	0	0	0	0	0
Erongo	6	41	0	7	0	0	0	54
<b>Total</b>	<b>149</b>	<b>43</b>	<b>0</b>	<b>14</b>	<b>0</b>	<b>4</b>	<b>0</b>	<b>210</b>

The majority **149 (71%)** of the truck drivers departed from South Africa to various destinations, of which the highest number (**76**) was headed to Khomas Region (**Table 4**).



## **RISK COMMUNICATION AND COMMUNITY ENGAGEMENT:**

- The sms project with MTC and TN Mobile has resumed. A set of messages on COVID-19 have been developed. The messages are aimed at giving tips on the use of mask, prevention mechanisms and on nutrition guidelines. The message will be shared with all MTC and TN mobile as from the 15<sup>th</sup> June 2020.
- An additional 2000 copies of the Community Engagement toolkit printed by UNAIDS have been received and the distribution has commenced.
- The media monitoring still continues with aim of showing how the public is interacting with the IEC materials.
- The COVID-19 Communication Center continues to update the public on the status of the outbreak, the impact on different sectors and address rumours around COVID-19.

## **PSYCHOSOCIAL SUPPORT SERVICES:**

- Continous provision of health education, psychosocial support services to persons in need;
  - Confirmed cases and their families
  - People in quarantine

## **5. CHALLENGES:**

- Inadequate isolation units at health facilities in the regions.
- Inadquate PPE
- Inadequate nasopharyngeal swabs and appropriate transport media.

## **6. RECOMMENDATIONS AND WAY FORWARD:**

- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs and appropriate transport media.

Approved:



**Incident Manager**

**Date: 12 June 2020**

  
**Secretariat**

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